

## Mango-Chicken Quesadilla

### INGREDIENTS

- 3 tablespoons brown mustard
- 2 tablespoons honey
- 3 teaspoons
- Tabasco or hot sauce
- 1 teaspoon salt
- 1 Whole rotisserie chicken
- 1 cup mozzarella
- 1 small red onion
- 1 bunch cilantro
- 1 ripened mango
- 8-10 inch flour tortillas
- non-stick spray
- sour cream, optional



### DIRECTIONS

1. Combine first four ingredients in a small bowl and mix with shredded chicken.
2. Heat a large [IMUSA sauté pan](#) on medium heat and spray with some non-stick spray.
3. Add flour tortilla and spray top side with more non-stick spray.
4. After a minute, flip the tortilla and evenly spread ½ cup of cheese.
5. Then spread on half of the tortilla some chicken mixture, onions, cilantro, and mango.
6. Fold over tortilla, like a book, and allow cheese to melt completely. Cut into 4 wedges and serve with sour cream, if desired.

